## Words to Live By

In going through some old papers I've had stored for years, I came across an old NEWSLETTER from the Valley Mills congregation where Toni and I worshipped during our years living there. The date on the NEWSLETTER is October 15, 1989, but in it are words that remain as pertinent today as they were then. The author is that well-known "unknown," and he has much to say about the way we should conduct ourselves as we live our lives from day to day. The title of the poem is "Some Things to Forget and Remember."

"Forget each kindness that you do as soon as you have done it.

Forget the praise that falls to you as soon as you have won it.

Forget the slander that you hear before you can repeat it.

Forget each slight, each spite, each sneer, whenever you may meet it."

"Remember every kindness done to you whatever its measure.

Remember praise by others won and pass it on with pleasure.

Remember every promise made and keep it to the letter.

Remember those who lend you aid, and be a grateful debtor."

"Remember all the happiness that comes your way in living.

Forget each worry and distress, be hopeful and forgiving.

Remember good, remember truth, remember heaven's above you,

And you will find, through age and youth, true joys and hearts to love you."

I'm so glad I came across this again and had the opportunity to pass these words along. They are truly powerful words for us to live by.